

Topical Treatment for Psoriasis Flares

Body / Limbs

Enstilar foam

Enstilar foam od
(60g – one canister)

2-4 weeks

Scalp

Betnovate

Betnovate 0.1%
scalp lotion od nocte
(wash out in am)
(100mL)

2-4 weeks

Face / Ears /
Hairline

Eumovate

Eumovate oint od
(30g)

2-4 weeks

Genitals /
Flexural surfaces

Trimovate

Trimovate cream od
(30g)

2-4 weeks

If treatment
successful, consider
advice to GP for
ongoing prescriptions

Further management
If widespread, severe, diagnostic uncertainty or poor
response to treatment, referral to Dermatology should
be considered

References:

- www.pcds.org.uk
- www.nice.org.uk

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