

# Have you heard about Outcome Measure Tools?

## We are introducing some changes to the way we work

- ✓ We believe that these changes will help us to work better together.
- ✓ We think it is important that you are involved in the decision making about your support, care and treatment and we think one of the ways we can do this is by using outcome measures.

### What are they?

Outcome measure tools are questionnaires that help to measure what difference a support and/or intervention has made in a person's life.

They can help measure your overall wellbeing, progress in achieving goals and your experiences.

#### Using outcome measure tools and getting your feedback supports:

- Discussions about what you want to achieve
- Making sure we are helping you in the way that works best for you
- Celebrating positive changes and improvements in your mental wellbeing.

#### Over time they may also help us to:

- Better understand the mental health and support needs of the people we work with
- Ensure we continue to have appropriate services.

### What happens now?

We will be starting to use the questionnaires very soon. Please let us know what you think. We may ask you to complete a survey to help us understand whether using them is helpful.

We understand some people may not want to answer questionnaires, if this is the case for you, please discuss with a member of staff. Working with you in the way that works best for you is what is most important to us.

