

LISTENING SESSION

WEST WALES

GWM TAF MORGANNWG

WEST GLAMORGAN

GWENT

NORTH WALES

GARDIFF & VALE

POWYS

YOUNG PEOPLE & MEMBERS OF WALES' REGIONAL PARTNERSHIP BOARDS

How do you ensure children & young people who don't have access to services get the support they need?
- a new approach, i.e. somewhere that everyone can go to get help

How can you reduce waiting times in your area?

How do you ensure children & young people get the right support for them as soon as possible?

How can you prevent children & young people from having to repeat their story when passed between services?

How do you make sure young people feel comfortable & trust you?

How are you going to support young people as they go from child to adult services?

Nest is great in theory - how will you ensure it happens in practice?



LISTENING SESSION

YOUNG PEOPLE & MEMBERS OF WALES' REGIONAL PARTNERSHIP BOARDS



★ Where's my car?



★ WOOPS!

★ I can't find my phone!



★ You're on your phone!

★ I wore odd shoes!



What's The Silliest Thing You've Ever Done?

★ Just call me Disco Steve! ★



★ YUM Raw egg...

★ I used to be in a circus



★ I forgot my fork!



★ I got my heel run over by a car...

★ Which road was it?



★ I called my teacher Mummy!

★ A double rolly polly!



Young People
Need Support
While Waiting To
See Professionals

Supporting Young
People who don't
have a door to go to
eg. Not in school,
should be a priority

Raise awareness
of Young People's
mental health -
like they advertise
men's mental health

CHOICES - Not all young
people like speaking on the
phone. You should be able to
access support via other options
like text/chat box. These services
should also be open past
5pm.
"THINGS HAPPEN AFTER
5PM"



SUPPORT Groups

- o ONLINE SUPPORT -
Professional with experience
in supporting young people
with their mental health
to work with a few schools
across a local authority.
They would hold online sessions
for young people who are
experiencing similar situations
so they can share experiences
& learn from each other.
Young people thought this
group would be a good support
network for them & would
enable them to support peers
- o IN PERSON -
A similar project could be
run after school in person

18-25 YEAR OLDS stop being
helped by CAMHS. At that point
young people might not feel
comfortable accessing adult
services.
There should be a middle
ground to bridge the gap

LISTENING SESSION

YOUNG PEOPLE & MEMBERS OF WALES' REGIONAL PARTNERSHIP BOARDS

How do you make sure young people feel comfortable & trust you?

GARDIFF & VALE

- NEED TO ENSURE CONSISTENCY
- SINGLE POINT OF ACCESS...
TO AVOID BEING MOVED BETWEEN SERVICES

GWM IAF MORGANNWG

- DEVELOPING SERVICES WITH YOUNG PEOPLE
- ONE POINT OF ACCESS

GWENT

- WE USE THE EARLY DOORS APPROACH + CORPORATE PAIRING PANEL MEETINGS
- SOCIALS
- OPEN DISCUSSION

NORTH WALES

- IT'S SAD THAT YOUNG PEOPLE FEEL AFRAID TO TALK TO US...
- ARE WE REALLY LISTENING?
- MIND OF MY OWN
- OUTDOOR WORKSHOP

WEST WALES

- WHAT WORKS FOR YOU?
- TRAINING GPs
- ONLINE? SOCIAL MEDIA?
- & WHAT DOESN'T
- WHAT DO WE NEED TO CHANGE

POWYS

- MAKING IT EASIER FOR YOUNG PEOPLE TO BE HEARD - WHAT'S IMPORTANT?
- MAKING IT EASIER FOR YOUNG PEOPLE TO ACCESS SERVICES

WEST GLAMORGAN

- ONLINE OUT OF HOURS SERVICE
- CO-PRODUCING OUR SERVICES WITH YOUNG PEOPLE
- DIFFERENT WAYS TO ENGAGE
- ALL CONNECTED

YOUNG PEOPLE & MEMBERS OF WALES' REGIONAL PARTNERSHIP BOARDS

How can you reduce waiting times in your area?

GARDIFF & VALE

- POSTS COMING BUT RECRUITMENT IS AN ISSUE
- LOT'S BEING PLANNED!
- 20 WEEKS WAITING LIST
- JOINED UP ASSESSMENT

GWM IAF MORGANNWG

- WE'RE DEVELOPING EARLY INTERVENTION SERVICES
- EARLY HELP HUB WHILST WAITING FOR CAMHS

GWENT

- NO WRONG DOOR IS HELPING - FAST ASSESSMENT
- RECRUITMENT IS ALSO AN ISSUE FOR US.

NORTH WALES

- WE WANT TO DO EARLY INTERVENTION WORK SO WE DON'T HAVE LISTS!
- STAFFING IS AN ISSUE
- THERAPEUTIC ONGOING SUPPORT AFTER

WEST WALES

- LONG TERM - ENOUGH STAFF
- SHORT TERM - OTHER AGENCIES WHO CAN HELP
- REGULAR CONTACT WITH THOSE WAITING

POWYS

- CAN WE SUPPORT YOUNG PERSON STRAIGHT AWAY?
 - WE ARE ABLE TO RESPOND IN AN EMERGENCY
 - 80% IN 28 DAYS... BUT WE CAN DO BETTER
- ↓
PANDEMIC HASN'T HELPED...

WEST GLAMORGAN

- SUPPORTING GPs
- WORKING TOGETHER AS A SYSTEM TO SUPPORT
- KEEPING IN TOUCH WITH EVERYONE

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How are you going to support young people as they go from child to adult services?

GARDIFF & VALE

- 18-25 YEAR OLDS
- TESTING A MODEL AT THE MOMENT
- ON OUR AGENDA

GWM IAF MORGANWG

- UPDATED TRANSITION POLICY - TRIAL UNDER WAY
- ACCOMMODATION PLANS 16+

GWENT

- GOOD LIAISON BETWEEN SERVICES.
- PREPARE EVERYONE FOR THE TRANSITION

NORTH WALES

- DISCUSS WITH YOUNG PERSON ON THE NEXT STEPS... EARLY ON... PLAN...
- WORK WITH OTHER SERVICES
- BEST PRACTICE MODEL

WEST WALES

- WE'RE WORKING ON IT...
- ASKING YOUNG PEOPLE WHAT THEY WANT/NEED
- BRINGING AGENCIES TOGETHER

POWYS

- CHILDREN + ADULT SERVICES DON'T MATCH BUT ACTIONS BEING TAKEN
- MONTHLY PANEL
- WHEN YOUNG PERSON IS READY
- START WELL PARTNERSHIP PRIORITY

WEST GLAMORGAN

- TRANSITIONS POLICY BEING TESTED
- FOCUSING ON PEOPLE NOT PROCESSES

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HOW CAN YOU PREVENT CHILDREN & YOUNG PEOPLE FROM HAVING TO REPEAT THEIR STORY WHEN PASSED BETWEEN SERVICES?

GWM JAF MORGANNWG

- WE'RE WORKING ON IT! ONE FRONT DOOR... SHARING THE RIGHT INFORMATION

GWENT

- SUPPORT YOUNG PEOPLE THROUGHOUT - ADVOCATES ENSURING NO REPEATING OF STORIES

NORTH WALES

- WHAT ARE YOU COMFORTABLE WITH ME SHARING?

GARDIFF & VALE

- JOINED UP ASSESSMENT PROCESS
- MULTI-DISCIPLINARY APPROACH
- SINGLE POINT OF ACCESS
- NO WRONG DOOR
- WE'RE WORKING ON IT!

WEST GLAMORGAN

- ONE PERSON TO TAKE RESPONSIBILITY & BE TRUSTED TO SHARE IT WITH OTHER SERVICES

WEST WALES

- SYSTEMS ARE ONLY AS GOOD AS THE USERS...
- STAFF NEED TO EXPLAIN WHY THEY ARE ASKING FOR THE INFORMATION AGAIN.

POWYS

- INFORMATION SHARING
- SAVED SECURELY
- ACCESSIBLE BY THE RIGHT PEOPLE

... HOPING TO HAVE A SYSTEM ACROSS WALES

LISTENING SESSION

YOUNG PEOPLE & MEMBERS OF WALES' REGIONAL PARTNERSHIP BOARDS

GARDIFF & VALE

- EVERYONE IS FULLY SIGNED UP TO THE MODEL
- LINKING EVERYONE UP
- CONSISTENCY IN SERVICE & TRAINING
- SHARING BEST PRACTICE
- INVOLVING YOUNG PEOPLE

GWM YAF MORGANNWG

- WORKSHOPS WITH STAFF TO EMBED NEST/NYTH INTO EVERY DAY WORK

GWENT

- AWARENESS SESSIONS FOR PROFESSIONALS
- INPUT FROM YOUNG PEOPLE

NORTH WALES

- IT'S A ROUTE MAP - WE'RE ON A JOURNEY
- OUR SUBGROUP WILL GIVE FEEDBACK

Nest is Great in theory - how will you ensure it happens in practice?

WEST WALES

- IDENTIFYING SERVICES + AVOIDING DUPLICATION & LOOKING FOR GAPS IN SERVICE IS ESSENTIAL

POWYS

- JOINING PEOPLE UP WHERE THEY LIVE
- START WELL PANEL IS ESSENTIAL FOR FEEDBACK

WEST GLAMORGAN

- POSITIVE ABOUT ADOPTING PRINCIPLES
- LEARNING FROM OTHER AREAS
- SOUND INFRASTRUCTURE